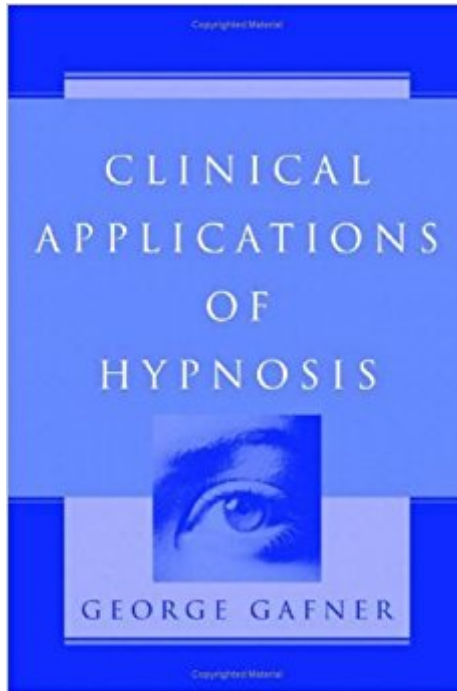




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# **Clinical Applications Of Hypnosis**



## Synopsis

Gafner turns his attention to the complaints and problems that are most commonly seen in the clinical setting. These "bread and butter" applications are the core of every successful therapeutic practice that employs hypnosis. By means of explanation, anecdote, and case study, readers are instructed in how best to address the basic needs of the clients and how best to put the fundamental concepts of unconscious process and ego-strengthening into action. *Clinical Applications of Hypnosis* is also a treasure trove of techniques, stories, and suggestions basic to successful hypnosis. Therapists new to the art will appreciate Gafner's clear description and thoughtful introduction to the use of hypnosis in therapeutic practice. Seasoned practitioners will appreciate find a fund of effective and carefully described techniques to be used to help to treat anxiety, depression and related disorders.

## Book Information

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## Customer Reviews

In such accessible form that one absorbs it almost without effort&#133;Gafner's positive words seem to reach deep within the reader. -- Shielagh R. Shusta-Hochberg, PhD, *Journal of Trauma and Dissociation*

George Gafner, M.S.W., L.C.S.W., is director of the hypnosis training program and director of the family therapy training program at the Southern Arizona Veterans Affairs Health Care System, Tucson. He is the author of *Clinical Applications of Hypnosis* and co-author (with Sonja Benson) of

## Handbook of Hypnotic Inductions and Hypnotic Techniques: For Standard Psychotherapy and Formal Hypnosis.

We use this as a basic textbook for our classes in clinical hypnosis. It is an essential book for understanding the naturalistic vantagepoint of hypnosis, and for someone wanting basic strategies and scripts for creating effective intervention. [...]You will do well with this book in your library if you seek practical information you can utilize with clients.

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